

GENERAL NURSING AND HEALTHCARE ASSISTANT

Training Programme – Vocational training organised in accordance with the programme requirements

1.1.	Title	General Nursing and Healthcare Assistant
1.2.	Programme requirement identification number	09133008
1.3.	Name of sector	Healthcare sector
1.4.	Classification based on the KEOR code	0913 Nursing and midwifery training

2. Levels of vocational qualification that can be obtained

1.5.	Title	General nursing and healthcare assistant
1.6.	European Qualifications Framework (EQF) level	3
1.7.	Hungarian Qualifications Framework (MKKR) level	3
1.8.	Digital Competence Framework level	4

3. Description of field of work, activities and job role

The general nursing and healthcare assistant carries out basic nursing tasks. They assist patients in meeting their basic needs (sleep, rest, movement, hygiene, nutrition, normal breathing, body temperature, elimination, safety). They use nursing equipment and medical aids professionally. Carries out patient monitoring and immediately reports any changes in the patient's condition to the nurse or doctor. Provides first aid where necessary and initiates basic life support. Contributes to care and health promotion activities. Carries out their duties under guidance and supervision.

In the course of their work, they comply with occupational health and safety, health protection, hygiene and professional nursing regulations. They demonstrate ethical conduct when caring for patients and in their relationships with colleagues.

4. Aims and target group of the training

Aims of the training

To train general nursing and healthcare assistants with up-to-date theoretical and practical knowledge, who are able to carry out their work independently or collaboratively as members of a healthcare team in outpatient clinics and care homes, under the supervision of a doctor. They are able to facilitate and ensure the conditions for patient care and treatment, assist with medical procedures, and help carry out instrumental and physical examinations. They are capable of performing organisational and operational management tasks. They possess appropriate interpersonal skills, practise their work as a profession, and adhere to its ethical standards.

Target group of the training

The target group for the training comprises any person who meets the entry requirements and has set themselves the goal of acquiring the knowledge, skills and competences offered by the training programme. Adults who have completed basic schooling, meet the health suitability requirements, and wish to find employment and work as general care assistants or healthcare assistants.

5. Competencies to be acquired during the training

- Performs care tasks appropriate to the individual's age and life situation.
- Participates in the organisation of events and screening programmes aimed at promoting health.
- Is familiar with the healthcare system.
- Reports any issues relating to nursing ethics and patients' rights that arise during nursing work.
- Documents their measurements and observations on temperature charts and patient observation forms.
- Prepares equipment and materials for the appropriate sterilisation procedure. Handles and stores sterile materials in accordance with regulations.
- Ensures order in the ward/examination room and creates a safe, calm environment for the patient. Disinfects objects, equipment and surfaces that come into direct or indirect contact with the patient. Handles and stores clean and used textiles in accordance with the regulations.
- Prepares for ward rounds and consultations.
- They assist in the isolation of infectious patients and provide basic care for them.
- Accompanies and transports the patient for examinations, using patient transport equipment correctly.
- Carries out a general assessment of the patient and evaluates their physical condition. Participates in the comprehensive monitoring of the patient.
- Carries out simple instrumental examinations, monitors vital signs and documents the results.
- Collects the patient's bodily secretions as required, recognises and reports any abnormal changes in these secretions.
- Measures and documents the volume of fluids taken in and excreted by the patient.
- Provides assistance and ensures privacy for the patient in meeting their basic needs, and ensures the patient's comfort. Provides assistance to people with various disabilities in meeting their specific needs.
- Carries out daily stoma care tasks for patients with a stoma, should the patient's ability to care for themselves be reduced.
- Applies pressure ulcer prevention measures and care techniques when caring for patients who are bedridden long-term. Recognises and reports signs of pressure ulcers.
- Uses medical aids and comfort aids with the patient, or assists the patient in using them.

- In the course of their work, they communicate politely with patients, their family members and colleagues. They communicate effectively with people with visual, hearing, speech and intellectual impairments.
- They provide basic first aid.
- Creates a safe environment and working conditions whilst nursing and caring for patients. Uses personal protective equipment in accordance with regulations.
- Handles and stores municipal and hazardous waste generated during their work in accordance with regulations. Delivers test samples to the laboratory.
- Administer enteral medicines and pre-packaged preparations as prescribed. In the case of preparations available in pre-filled doses, administer subcutaneous or intramuscular injections (into the deltoid muscle).
- Measures blood glucose levels and carries out urine tests using rapid test kits; applies simple laboratory diagnostic methods that can be performed at the patient's bedside.
- Prepares the patient for diagnostic procedures and therapeutic interventions, and carries out nursing and assistant duties during and after examinations.
- Provides psychological support to patients and their relatives. Delivers personalised patient education and health promotion activities.
- Provides care for terminally ill patients. Handles matters relating to the deceased. Applies non-pharmacological pain relief methods.
- Administer medication enterally and parenterally; administer inhalation and oxygen therapy. Assist with infusion therapy and change dressings at the site of peripheral venous cannulae. Take blood samples from central venous catheters (CVCs). Remove midline catheters and IV cannulae on medical instruction.
- Assists with invasive procedures. Administers antipyretics and analgesics via oral, rectal or intramuscular injection, and documents these activities.
- Administer enemas and empty and replace stoma bags. Assist with enteral feeding via a nasogastric tube and bladder irrigation.
- They assist with preparing patients for surgery, maintaining patient records, and changing post-operative dressings.

6. Socio-economic applicability (Labour market relevance)

The general nursing and healthcare assistant plays a key role in nursing, care and rehabilitation within specialist inpatient care and in institutions within the social care system, carrying out their work under the supervision of a senior nurse. They carry out all the supplementary tasks that are essential to the process of hospital nursing, care and rehabilitation, thereby relieving healthcare professionals of the burden of basic nursing and care duties. In the field of specialist outpatient care, they work in clinics and care centres under the supervision of a doctor, either independently or in collaboration with others. Labour market demand for general nursing and healthcare assistants is constantly growing, in line with demographic data and trends.

7. Course units, topics and number of hours per module

Names of the training modules	Theory (hours)	Practical training (hours)	Contact hours (hours)	Total (hours)
Basic knowledge of healthcare, ethics and law	90	0	90	90
Foundational knowledge of healthcare	200	40	240	240
Basic Clinical Knowledge and Nursing Science	230	740	970	970

Names of the training modules	Theory (hours)	Practical training (hours)	Contact hours (hours)	Total (hours)
Total	520	780	1,300	1,300

8. Conditions for the issue of a certificate of completion of the training

Title of the certificate of completion	CERTIFICATE Section 13/B of the Act Section 22(1) of Government Decree No. 11/2020 (7 February)
Conditions for issue	Successful completion of all course units, topics and programme requirement modules, at least 60 per cent . Other conditions: Absences by participants in the course must not exceed 20 per cent of the minimum number of hours (consultation/contact hours).

Zalaegerszeg, 4 August 2026

Béla Zimborás
Director

