

TRAINING AND QUALIFICATION REQUIREMENTS

SOCIAL CARE WORKER AND CARER (4 0923 22 03)

Sector:	Social	EKKR / MKKR level:	4 / 4
Basic sectoral education:	Basic education in the social sector	FEOR number & title:	3513 – Social care worker, specialist care worker
Related sub-occupation:	Care Assistant (FEOR: 5222)	Continuous practical training:	Vocational training: 140 hours Based on A-levels: 320 hours
Entry requirements:	Primary school qualification Occupational health and fitness-for-work assessment required		

1. DESCRIPTION OF THE FIELD OF WORK AND TYPICAL ACTIVITIES

Performs duties under the supervision of a social or healthcare professional holding a higher education qualification (BSc, MSc) [cite: 21]. Is familiar with the social care system providing personal care and its regulations [cite: 21]. They work as carers in the provision of basic and specialised social care services [cite: 21].

- They provide basic care and support to people who require assistance due to their age, health, mental or physical condition [cite: 21].
- They attend to the hygiene needs of the person receiving care [cite: 21].
- They recognise changes in the client's condition, assess the specific needs of individuals and groups, and draw up a care plan to address these needs as part of a team [cite: 21].
- Organises maintenance and development activities under the supervision of a professional with a higher education qualification [cite: 21].
- They use supportive conversation techniques, utilise information and communication technology, and carry out administrative tasks [cite: 21].

2. LIST OF EQUIPMENT (MAIN MATERIAL RESOURCES)

Equipment required for the demonstration and practical rooms needed to organise the training:

- **Classroom & audiovisual equipment:** Interactive whiteboard, laptop, tablet, projector, TV [cite: 21].
- **First aid & demonstration:** Defibrillator, Ambubaba, wound simulation kit, dressings, plasters, fasteners, cervical collar, stretcher [cite: 21].
- **Basic nursing and care:** Adjustable hospital bed, patient lift, mobile commode, anti-decubitus aids, blood glucose meter, urine test strips, insulin pen, wheelchair, rollator, walking frame [cite: 21].
- **Household & care equipment:** Kitchen appliances (food processor, blender), household textiles, bath seats, manicure/pedicure set [cite: 21].

3. PROFESSIONAL REQUIREMENTS FOR SECTOR-SPECIFIC BASIC TRAINING (EXCERPT)

#	Skills and competences	Knowledge	Expected attitudes	Independence & Responsibility
1	Maintains contact and cooperates within the social/child protection care process [cite: 21].	Is familiar with the social services system and opportunities for building relationships [cite: 21].	Strives for emotional stability and balance [cite: 21].	With professional guidance, they select the most appropriate form of collaboration [cite: 21].
3	Under professional supervision, prepares documentation in both paper and electronic formats [cite: 21].	Is familiar with the formal and content requirements of professional documentation [cite: 21].	Strives to understand the task and approaches information critically [cite: 21].	Carries out administrative tasks independently, responsibly and by the deadline [cite: 21].

#	Skills and abilities	Knowledge	Expected attitudes	Independence & Responsibility
4	Applies health and safety, accident prevention and fire safety regulations, and provides first aid [cite: 21].	Is familiar with occupational health and safety, fire safety, public health and first aid regulations [cite: 21].	Complies with regulations and takes responsibility for resolving hazardous situations [cite: 21].	Is fit for work and participates in work responsibly [cite: 21].
5	Handles personal data in accordance with legal and ethical requirements and maintains confidentiality [cite: 21].	Is familiar with the rules on data protection, data security and confidentiality [cite: 21].	Respects citizens' rights and is committed to confidentiality [cite: 21].	Is responsible for the safekeeping and protection of data that comes to their knowledge [cite: 21].
9	Uses verbal and non-verbal communication appropriately in different situations [cite: 21].	Is familiar with communication styles and the tools of assertive communication [cite: 21].	Is open to developing their communication skills and communicates assertively [cite: 21].	Communicates taking into account the health/mental state of the person being cared for [cite: 21].

4. PROFESSIONAL REQUIREMENTS FOR SPECIALISED EDUCATION (EXCERPT)

#	Skills and abilities	Knowledge	Expected attitudes	Independence & Responsibility
2	Describes functional problems of the human body and identifies epidemiological cases [cite: 21].	Is familiar with the structure and function of the human body and the reporting requirements [cite: 21].	Shows empathy towards patients' subjective complaints [cite: 21].	Recognises symptoms and reports them; participates in prevention under medical supervision [cite: 21].
3	Identifies medication-related difficulties experienced by older people and those with psychiatric or substance-use disorders [cite: 21].	They are familiar with the types of medicines and methods of administration [cite: 21].	Keeps in mind the necessity of medication [cite: 21].	Under medical supervision, provides assistance in the implementation of drug therapy [cite: 21].
4	Applies the practical elements of first aid (wound care, resuscitation) where necessary [cite: 21].	Is familiar with the rules of first aid and life-threatening conditions [cite: 21].	Prioritises saving human life [cite: 21].	Makes decisions independently or in collaboration with others during life-saving situations [cite: 21].
5	Plans and carries out the steps involved in care and basic nursing [cite: 21].	Is familiar with internal medicine and surgical care and basic nursing tasks [cite: 21].	Is prepared to work collaboratively with nursing staff [cite: 21].	Carries out their duties in accordance with management instructions and protocols [cite: 21].
12	Recognises crisis situations, identifies the causes, carries out an analysis and makes recommendations [cite: 21].	Understands the causes of critical situations and the strategies for resolving them [cite: 21].	Keeps the client's individual expectations in mind [cite: 21].	In collaboration with others, makes responsible decisions to resolve the crisis [cite: 21].

5. EXAMINATION REQUIREMENTS AND ASSESSMENT SYSTEM

5.1 Sectoral Basic Examination

- **Written examination (30% weighting):** 'Basic knowledge of the helping professions' – 30-question multiple-choice test (90 minutes) [cite: 21]. Pass mark: at least 51% [cite: 21].
- **Practical examination (70% weighting):**
 - *Part 1 (30%): Presentation* – A presentation of 10–15 slides on personal motivation, 20 minutes' presentation + 10 minutes' Q&A [cite: 21].
 - *Part 2 of the exam (70%): Demonstration* – Completion of a task selected at random from a list of at least 20 activities (20 minutes) [cite: 21].

5.2 Professional Examination

- **Central Interactive Examination (25% weighting):** Computer-based test (180 minutes) covering nursing, mental health, social policy and clinical knowledge [cite: 21]. Pass mark: at least 40% per topic, at least 40% overall [cite: 21].
- **Project assignment (75% weighting):**
 - *I. Portfolio (30%):* Presentation of the placement institution (max. 3 pages) + Presentation of a service user's life story and needs (5–10 pages) + 140-hour professional placement diary [cite: 21]. To be defended with an oral presentation (max. 30 minutes) [cite: 21].
 - *II. Practical demonstration examination (70%):* Completion of a practical examination task alongside a service user from the target group, whilst wearing a uniform [cite: 21].
- **Calculation of the final vocational examination result:** Basic sectoral examination: 20% | Vocational examination: 80% [cite: 21].

6. RELATED SUB-OCCUPATION: CARE ASSISTANT (4 0923 22 03)

Total hours: 735 hours | **EKKR/MKKR level:** 4 | **FEOR:** 5222 (Care Assistant, Operating Theatre Assistant) [cite: 21]

Scope of work: Performs basic care tasks in general and specialised care settings [cite: 21]. Assesses physiological needs; assists with the administration of medication, blood pressure and blood glucose monitoring, insulin administration, patient transport, and provides mental health and domestic support [cite: 21].